

SUSTAINABLE RENTON

Sustainable Renton's Free Grocery Store is always in need of additional volunteers. Currently we would like to establish a consistent base of committed weekly volunteers. This will help us to plan better and provide adequate support for the many services necessary to successfully operate the free grocery store. After reviewing this list, please let us know if you can lend a hand with any of these tasks on a weekly basis. Everyone requires some flexibility in their schedule, so if you are ever not able to work, all you would need to do is let us know and we will have someone to fill in for you. Of course, ALL volunteers are welcome at ANY TIME!

FREE GROCERY STORE WEEKLY VOLUNTEER OPPORTUNITIES

MONDAY

Grocery UNLOADING AND STORAGE:

St. Matthews from **11:30 AM - 1:30 PM**

Meet in the parking lot at St. Matthews Lutheran Church and assist with the unloading and storage of grocery items as they arrive.

Free Grocery Store SORTING:

St. Matthews from **1:00 PM - 3:00 PM**

Inside sorting of baked goods and meats to be distributed at the free grocery store.

Free Grocery Store SET-UP:

St. Matthews from **2:00 PM-5:00 PM**

Set up tents, move food from storage and set up display tables.

Free Grocery Store DISTRIBUTION:

St. Matthews from **5:00 PM-7:30 PM**

Assist with the outside distribution of food to the cars driving through the free grocery store in the parking lot of the church.

Free Grocery Store TEARDOWN:

St. Matthews from **7:30 PM - ?**

Work as part of a crew to dismantle the grocery store, move food to storage, take down tents, move tables inside.



TUESDAY

Grocery UNLOADING AND STORAGE:

St. Matthews from **11:30 AM - 1:30 PM**

Meet in the parking lot at St. Matthews Lutheran Church and assist with the unloading and storage of grocery items as they arrive.

FRIDAY

1. Preston Food Bank Pick Up at **11:00 AM**

2. Emergency Feeding Program Pick Up at **11:00 AM-12:15 PM**

Two drivers (one for each location) needed to pick up groceries with a pickup truck or large van and deliver them to St. Matthews Lutheran Church.

If available to help, please contact Terrie Meyer – St. Matthews Lutheran Church Community Projects Coordinator, terrie@stmatthewsrenton.org Cell phone – 734-755-1316